

Counseling Services/Mental Health

Agency	Address	Phone Number	Additional Information
*Aldea Inc. Supportive Outreach & Access to Resources (SOAR)	1546 1st St, Napa, CA 94559	Coordinator: Natalia Martinez (707) 427-1845 x407 Fax: (707) 427-1637 nmartinez@aldeainc.org	An early detection and intervention psychosis program. Offers comprehensive psychiatric assessment, intensive case management, psycho-education, crisis management, problem solving, support groups, and medication management.
American Sudden Infant Death Syndrome Institute	528 Raven Way Napals, Fl. 34110 M-F: 9am-5pm	(800) 232-SIDS (800) 232-7437 (239) 431-5425 www.sids.org prevent@sids.org	Offers education and support for families as well as current research information. English. Call to Apply.
Catholic Charities of Solano New Pathways	Main Office: 125 Corporate Place Ste A Vallejo 94590	(707) 644-8909 Main www.csslolano.org	Provides counseling services for individuals, couples and families. Mon-Thurs 9-11:00am Food assistance Mon-Thurs 4-5pm "Seasons of Sharing" Vallejo, Benicia and Vacaville offices
Compassionate Friends	623 Taylor St. Fairfield, Ca. 94533	(877) 69-0010 Compassionatefriends.org	For individuals grieving the loss of a child-any age. Meetings 2 nd Thursday of each month 7:00 – 9:00 p.m. at the Fairfield Family Moose Lodge 623 Taylor St. Fairfield, Ca. 94533
Dixon Family Services	155 N 2 nd St. Dixon 95620 M-Th: 10am– 12pm and 1pm– 4pm Closed Fridays	(707) 678-0442 (707) 678-4014 Fax Dixonfamilyservices.org	Family, senior, counseling service center.
*Family Investigative Response Services Team (F.I.R.S.T.)	650 Merchant Street Vacaville 95688 M-F: 8:30-5pm (English/Spanish)	(707) 469-6600	Counseling for domestic violence victims and children of domestic violence.

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Mentis	709 Franklin Street Napa 94559 M-F: 9am-5pm	(707) 255-0966 (707) 266-1467 for counseling appointment	Counseling offered to children, couples, families, individuals, and groups. Payment based on a sliding fee scale – Medi-Cal not accepted. (Spanish Option)
Friends Outside National Organization (Center at CMF)	7272 Murray Dr. Stockton 95210 M-F: 8am-5pm	(209) 955-0701 (209) 955-0735 Fax www.friendsoutside.org	Provides comprehensive support services to ex-inmates and their families.
Hispanic Outreach Latino Access (HOLA Program)	Solano County Mental Health Access Unit 675 W Texas St. Rm 3800 Fairfield 94533	Mara Leon (800) 547-0495 Access Line (707) 428-6542 Fax	Outreach program for Spanish speaking, and uninsured Solano county residents. Will provide counseling referrals and medication appointments.
The Homeless Resource Group Martinez Veterans Affairs	Martinez VA Campus Tuesdays 2 – 3pm Fridays 10am – 1pm	Contacts: Lori Blackburn (925) 372-2249	Drop in groups for homeless veterans.
Sacramento	Mather Campus Daily 9 am – 12 pm	Scott Reed (916) 843-9138	
*Homeless Outreach Solano County Mental Health	1119 E. Monte Vista Vacaville 95688	Contact: Karen Smith (707) 553-5343 Melanie Cool (707) 553-5592	Provides supportive services to individuals with serious mental illness and/or with co-occurring substance use disorders who are homeless or at risk of being homeless.
Hope For Healthy Families	827 Missouri St. Ste. 1 Fairfield Military Process Group Fibromyalgia Support Group	(707) 646-9873 Fax (916) 667-3239	Offers a teen support group for teens 14-19 years of age coping with depression, anxiety, relationship and adjustment issues. For active, reserve, and retired military seeking support with PTSD, depression, and anxiety. For those suffering with the effects of Fibromyalgia. Also offers a variety of parenting groups and classes, anger management group, and Escaping gangs Support Group.
Juanita Rodriguez-Shoopman	419 Mason St. Suite 201 Vacaville 95688	(707) 249-3405	Anger Management groups and domestic violence classes. By appointment only.

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Oakland Behavioral Health Clinic (OBH)	525 21 st St. Oakland Mon. – Fri. 8am – 4pm	(510) 453-8478	Provides drop-in social work services, information and referrals, laundry and shower facilities for veterans.
National Alliance for Mentally Ill Solano	2101 Courage DR. Fairfield 94533	(707) 422-7792 (707) 428-1131 County 24hr Crisis: (707) 784-2140 www.namisolanocounty.org	Family and consumer self-help support and advocacy organization dedicated to improving the lives of people with severe mental illness. Meeting every 4 th Monday, at 6:30pm
North Bay Hospice and Bereavement	4520 Business Center Drive #110 Fairfield 94534	(707) 646-3517 www.Northbay.org	Offers a Grief Support Group for those who have experienced the death of a loved one. Each group meets for four consecutive weeks free of charge. No children or teens.
Kaiser Perm. Bereavement Groups	Groupa available in Napa, Vallejo, and Vacaville (members only)	(707) 645-2105 (707) 645-2730	Bereavement groups for those recently experiencing death of a loved one. Groups available for adults
Partnership Health Plan Of California	4665 Business Center Dr. Fairfield 94534 M-F: 8am-5pm	(800) 863-4155 Medical (888)765-9703 www.partnershiphp.org	Medical coverage. Counseling Services
*Bay Area Community Services Prevention Engagement Program (PEP)	236 Georgia Street 101 Vallejo, 94590	(707) 654-8875 www.bayareacs.org	Provides prevention and early intervention services to individuals 18 years and older experiencing their first mental crisis or exiting hospitalization.
Recovery Happens Counseling Services Jon Daily LCSW, CADC11	7996 Old Winding Way #300 Fair Oaks 95628	(916) 276-0626 www.recoveryhappens.com	Outpatient therapy for Adolescents, young adults, and adults with addiction.
Saint Helena Center for Behavior Health- Mental Health Services	525 Oregon Street Vallejo 94590 M-F: 8am-7:30pm	(707) 648- 2200 (707) 649-4040 Intake (24 hours – admitting)	In and outpatient programs for children, teens and adults.

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Safe Quest Solano	1049 Union Ave. Ste. B&C Fairfield 94533 M-F: 9am-5pm	Main: (707) 422-7345 Shelter: (707) 557-6600 Crisis Number: (866) 4-UR-SAFE (866) 487-7233	Counseling, advocacy, restraining orders and shelter for victims of sexual assault & domestic violence, children & services for batterers.
Solano County Mental Health Adult Services	P.O. Box 4090 MS 8 - 150 Fairfield 94533	(707)784-2080 Access line (800) 547-0495 Crisis Line 24hrs (707) 428-1138 (707)784-04900	Counseling and referrals. 24-hour psychiatric emergency services. Medi-Cal accepted. (Spanish options). Outpatient counseling services
Solano County Mental Health Children's Services	2101 Courage Drive Fairfield 94533 M-F: 8:30am-5pm		